

2021 Heart of Kansas Camp Counselor Training

| <u>Time</u> | <u>Block of Time</u> | <u>Activity</u> | <u>Instructor</u> | <u>Location</u> |
|--------------------------------|----------------------|---|-------------------|--------------------------------|
| DAY 1 - Sunday, June 20 | | | | |
| 2:00 PM | 45 min | Committee Arrives - Unloads | | |
| 2:45 PM | 15 min | Others Arrive - Unload | | Leadership Lodge* |
| 3:00 PM | 15 min | Mixers & Name Games | | Riley Wallace, Great Plains Rm |
| 3:15 PM | 15 min | Welcome & Match up Counselors | Elly | |
| 3:30 PM | 15 min | Living Group Ice Breakers | Elly | |
| 3:45 PM | 5 min | Code of Conduct Reminder | Elly | |
| 3:50 PM | 30 min | True Colors Activity: <i>University of Kentucky</i> | Marty | |
| 4:20 PM | 10 min | Why Camp? <i>Camp is for Campers & COVID19</i> | Kyle | |
| 4:30 PM | 30 min | Perfect Cabin Leader: <i>Counselor Goals</i> | Michelle | |
| 5:00 PM | 30 min | Camp Mission Statement: <i>Hope for my campers</i> | Janet | |
| 5:30 PM | 30 min | Ages and Stages | Elly | |
| 6:00 PM | 60 min | Supper | | Williams Dining Hall |
| 7:00 PM | 60 min | Leadership Adventure Course/Ropes | Rock Spring Staff | LAC Course or Acitivity Field |
| 8:00 PM | 10 min | Break | | |
| 8:10 PM | 15 min | RSR Update | Rock Spring Staff | Riley Wallace, Great Plains Rm |
| 8:25 PM | 45 min | Tier Planning: Campfire | Counselors | |
| 9:10 PM | 20 min | Evening Wrap Up | CCT Agent Team | |
| | | Address any questions or concerns | | |
| 9:30 PM | 60 min | Campfire Committee Share & S'mores | Devin w/Smares | Coffman Council Circle |
| | 30 min | Pick up your Camp Shirt from Housing Lobby | | Leadership Lodge/Bankers |
| 11:00 PM | | Lights Out | | |
| DAY 2 - Monday, June 21 | | | | |
| 7:45 AM | | Luggage Loaded | | |
| 8:00 AM | 45 min | Breakfast | | Williams Dining Hall |
| 9:00 AM | 20 min | Patriotism Session & Sign up | Kyle & Susan | Flag Pole Plaza |
| 9:20 AM | 10 min | Counselor Photo - Water Wheel | | Simons Family Spring Plaza |
| 9:30 AM | 30 min | Overview of a Day at Camp | Elly | |
| 10:00 AM | 20 min rotations | Risk Management | | |
| | 10-1020 | Kansas 4-H Presentation - Counselor issues & duties (Co-Counselor get along) and PDA Behaviors - Homesick, Mental Health, | Marty & Michelle | Riley Wallace, Great Plains Rm |
| | 1020-1040 | Challenging Behaviors, Bullying | Elly | Riley Wallace, Patio |
| | 1040-11 | Additional Transitions/Time Fillers | Janet | Collegiate 4-H Shelter |
| 11:00 AM | 20 min rotations | Evening Activity Planning | | |
| | 11-1120 | Line Dance | TBD | Riley Wallace, Great Plains Rm |
| | 1120-1140 | Something Special - Cardboard Box Float | TBD | Riley Wallace, Patio |
| | 1140-1200 | Noodle Games | TBD | Riley Wallace, Lawn |
| 12:00 PM | 60 min | Lunch | | Williams Dining Hall |
| 1:00 PM | 30 min | Nurse Overview & First Aid Kits | Nurses | Riley Wallace, Great Plains Rm |
| 1:30 PM | 60 min | Scavenger Hunt | Elly | |
| 2:30 AM | 15 min | Break & Scavenger Hunt Results | | Riley Wallace, Great Plains Rm |
| 2:45 PM | 30 min | Name Tags, Shirts, any RSR Merch | CCT Agent Team | |
| 3:15 PM | 15 min | Counselor Behavior Reminder | | |
| 3:30 PM | | Move into Cabins | | |